

Upcoming Events:

Events will be divided into three categories:

1. Supported: OTTC will be able to have a tent at the event and provide for a member meeting place and support
2. Participatory: 10+ members are participating in this event but we are unable to provide a tent area. We will designate a meeting place and enjoy the event as a team.
3. Volunteer: Team OTTC will support our community by volunteering as a group at an event.

2011

- September 11, 2011 – The Nation's Tri: Right now this event hasn't been designated as supported or participatory. We are not allowed to put up a tent at this event (due to National Park Service regulations) but Debra has a message out to the race organizers to reserve a parking spot for our van so that we can use it as a meeting and support area.
- October 1-2, 2011 – Giant Acorn Sprint & Olympic (supported): This will be a supported race with a weekend house and club tent at the event. We also anticipate entering relay teams.
- October 9, 2011 – The Army Ten Miler (participatory): There will be a post race BBQ at Deb & Darryel's house after the event.
- October 30, 2011 – Marine Corps Marathon and 10k (participatory): The first 20 OTTC members who are registered for either event and join Team Fisher House will receive \$100.00 in matched donations from Marjorie Strayer's company. Please email Debra@OTTC.org if you join team Fisher House.
- December 3, 2011 – Hot Chocolate 5k/15k at National Harbor (participatory)

*Darryel and I are doing the Hershey Park Half Marathon on Sunday, October 16th. If others are interested in this race we can make it a participatory race and I will secure overnight accommodations.

** Volunteer events: We are looking for one event this fall to volunteer as a team. So far this event has been recommended by Marjorie Strayer <http://www.backroadscentury.org/volunteer>
If you would like to submit an event please email Debra@OTTC.org

2012

Our 2012 calendar is a work in progress. We have set a deadline of September 30th to have a working calendar in place. Thank you to Linda Kennedy and Mindy Soranno who have volunteered to work on this calendar.

A rough outline of our calendar will look like this

- DC Tri & Nation's Tri – and National Harbor if it happens
- Two beginner triathlons: The Kinetic Sprint for spring (also relays for the sprint and half) & Giant Acorn for fall
- Two Olympic triathlons: Giant Acorn for fall – Need one for spring
- Two Half Ironmans: The Eagleman has been suggested as the spring event. Looking for one for the fall.
- One Ironman – suggestions needed
- Several running races
- Perhaps a duathlon
- 2-3 volunteer events (consider Pacers calendar)
- Possibly an 'away' event in August
- Wounded Warrior ride 2012

Events that have been suggested: Eagleman, Warrior Dash, General Smallwood Sprint and Olympic, Watermans Sprint and Half, Luray Tri, Culpepper Tri, Bike rides Fran Fondo in Deep Creek, MD, Mountain Mama in Indian Head, MD.

Event Coordinators

A big thank you to Dawn Idstein and Lisa Letke who have volunteered to be our event coordinators. They will be communicating with race directors, creating back end check lists, coordinating volunteers, posting on MeetUp and informing our membership about upcoming events. Please feel free to contact them with requests, comments, etc.

Training Plans

Once our race calendar is set for 2012 we will be working on training plans to support the key races in each category: sprint, Olympic, Half Ironman and Ironman. Our intent is to provide a program that will allow for our members to train and communicate with each other toward a common goal race and to enjoy the spirit of camaraderie that comes with training and racing together.

12-16 Week Beginner Triathlon Program (12 weeks for those with a base/16 week for those who have been sitting on the couch)

16 Week Olympic Triathlon Program

20 Week Half Ironman Program

24 Week Ironman Program

**We need volunteers to participate in setting up training plans. Please email Debra@OTTC.org if you would like to help.

New Triathlete Program & Initiative

Once we have our beginner triathlete events set for 2012 we will set up training plans to work in conjunction with these events. To promote this program in advance we will start offering informational workshops for recruitment beginning on August 15th with training to begin in January. As a “hands on introduction to triathlon” we will encourage beginners to participate in a relay leg at the Giant Acorn.

Mentoring

Many people were interested in participating in a mentoring program. We will work toward this program taking shape for 2012. We need one or two volunteers to do research and provide direction for this program. Please email Debra@OTTC.org if you have a desire to help. Thank you to: Don Soranno, Dan Hallenbeck, Marjorie Strayer, Marianne Razzino, Dawn Idstein, Matt Tourville, Mindy Soranno and Brian Bushick who have volunteered to become mentors.

Clinics

Thank You to Christine Sennott who has volunteered to be our Clinic Coordinator. Please email Christine if you have a topic of interest or a lead on a clinic instructor.

A few key points that came out of the meeting:

- Favored days for clinics are Monday and Wednesday at 7pm
- Saturday morning clinics should be considered for the winter months

- Additional clinic topics of interest (aside from what we already offer): Running, Nutrition, CPR/First Aid certification, Half Ironman & Ironman race prep and tips (people to consider for leading these clinics include Ron and Trina Taylor, Mindy and Don Soranno)

Website

Members would like us to offer a section on the website that includes cue sheets for biking and running and member 'tips.' Thank you to the following members that are going to be working on this and sending me cue sheets for posting – if you have a suggestion please contact one of them: Marjorie Strayer
Dan Hallenbeck (will also help to redesign our website)
Matt Pellerito

Sponsorship

Our sponsorship and affiliate program is currently being reworked. Our new program will be in place on August 19th. We need volunteers to help with two initiatives of sponsorship:

1. OTTC 2012 Signature Technical T Shirts: We will have 14-16 sponsorship packages that include a logo on our 2012 shirts. All of these packages must be sold by the end of December so that we may place our T Shirt order in January to have our new shirts by race season.
2. General Sponsorship – One Year Term: There will be a few different annual sponsorship packages available that will be tailored to various marketing preferences of the business community.

Thank you to Don & Mindy Soranno of [AeroHammock](#) who have already committed to sponsor our 2012 T Shirts. Thank you to Rene Calandria who has volunteered to be on our sponsorship committee. To volunteer for our sponsorship committee please email Debra@OTTC.org.

Volunteers Needed – In addition to all the great things we talked about at the meeting we need volunteers for the following initiatives – please email Debra@OTTC.org if you can help

- **Club Photography:** Coordinate photographer for group outings, make sure OTTC gets copies of all photos and create photo albums on our Facebook Page.
- **Member recruitment through MeetUp:** Make contact with MeetUp members to assess their interest in becoming club members. Encourage them to become engaged in the club either through happy hours, events or work outs. Possibly set up an OTTC informational meeting.
- **Fundraising:** Choose and coordinate one club fundraiser quarterly.
- **Special Events:** Business networking event, mini camp at the Maxwell House, Outings such as an amusement park, etc.